

9. Programme

Day 1, Wednesday 12 May 2010 - Definitions and Diagnostics

10.00 Registration

11.00 Expert Workshops (FREE to attend)

Workshop Title	Room Location
Managing Depressive symptoms Prof Akiskal/Prof Figueira	Bartok 2
Best Practice in the Clinic Dr Hantouche/Dr Perugi	Lehar 2-3
The Severe Patient Prof Cookson/Prof Ferrier	Brahms
Managing Suicide Prof Rihmer/Dr K Fountoulakis	Kodaly
Clinical Support of Self Management Prof Michalak	Bartok1
Best Practice in Research Prof Swann/Prof Koukopoulos	Lehar 1
Epidemiology Prof E Karam/Dr Moreira/Ms Van Meter	Fortuna room

Day 1, Wednesday 12 May 2010 - Definitions and Diagnostics

12.00 IRBD 2010 Welcome and Introduction Prof Z Rihmer (H)

The History of Psychiatry in Hungary
Prof I Bitter (H)

12.15 Plenary 1: Chair: Prof Z Rihmer (H)

The VIP as a psychiatric patient - challenges and opportunities
Prof H Akiskal (US)

12.45 European Bipolar Forum
Session 1: Temperament - Developments and Data. Chair: Prof E Karam (Leb)



**Cyclothymia, Affective / Basic Temperaments, and Schema-Focused Diagnosis:
Exploring Soft Bipolarity**
Dr E Hantouche (F)

Cyclothymia and Hyperthymia in bipolar I patients
Dr G Perugi (I)

Childhood abuse and adult temperament among nonviolent suicide attempters: new findings
Dr A Rihmer (H)

14.15 Science Update 1: Hypomania and its Cross-Cultural Stability as a Diagnosis
Chair: Prof A Erfurth (AT)

Discriminative Hypomania Check-List-32 (HCL-32) factors in unipolar and bipolar major depressive patients
Dr G Perugi (I)

Symptoms of hypomania and treatment-resistant depression
Prof J Rybakowski (POL)

15.15 Refreshments and Poster Viewing

15.45 European Bipolar Forum
Session 2: Bipolar Spectrum and Impulsivity. Chair: Prof H Akiskal (US)



Bipolar Spectrum Disorders: Cross National Community Study
Prof E Karam (LEB)

Impulsivity in bipolar disorder: adaptive mechanisms in early responses to stimuli
Prof A Swann (US)

Genetics and impulsivity
Prof M Sarchiapone (I)

Day 1 Cont/...

17.15 Interactive 1: Diagnosis and treatment
Chair: Prof A Erfurth (AT)

Complex Presentations
Dr K Fountoulakis (Gr)/Dr J Cookson (UK)

Interactive 2: Suicide – Clinical 1
Chair: Prof Z Rihmer (H)

Temperament and suicide attempts in adolescents
Prof M L Figueira (Pg)

Do antidepressants treat or threaten? The suicide story
Dr A Joubert (DK)

18.00 Plenary 2: Neuronal plasticity and psychiatric disorders
Chair: Prof Z Rihmer (H)

Prof Michael Spedding, Deputy Director Research, Chairman NC-IUPHAR, Experimental Sciences
Institute of Research Servier, France

18.30 Refreshments and Poster Viewing

19.00 Debate 1: Borderline Personality Disorder - Is it a part of the Bipolar Spectrum?
Chair: Dr E Hantouche (F)

For: Prof A Erfurth (AT)
Against: Prof J Deltito (US)

20.00 Open Drinks Reception

20.30 Closed committee meeting and dinner

Day 2, Thursday 13 May 2010 – Controversies

09.00	<p>Science Update 2: Basic Science Chair: Prof M Alda (CA)</p> <p>Genetic research of bipolar disorder: ready for clinical applications? Prof M Alda (CA)</p> <p>Genetic background and possible endophenotypes of suicide Dr X Gonda (H)</p> <p>Animal Models of Bipolar Disorder and Major Depressive Disorder: Are They Predictive? Prof A Mathé (SE)</p>	<p>Science Update 3: Emotional reactivity, age at onset and childhood trauma in bipolar disorders Chair: Prof C Henry (F)</p> <p>Emotional hyper-reactivity as a core dimension in bipolar disorders Prof C Henry (F)</p> <p>Early onset bipolar disorders: a subgroup of interest for the identification of risk factors Prof F Bellivier (F)</p> <p>Beyond genetics: childhood affective trauma in bipolar disorder Dr B Etain (F)</p>
10.00	<p>Science Update 4: Childhood/Adolescent Bipolar Disorder Chair: Dr A Moreira (Pg)</p> <p>The Onset of Bipolar Disorder Dr G Faedda (US)</p> <p>Implications of Parent Mood issues for the assessment and treatment of their children Prof E Youngstrom (US)</p>	<p>Science Update 5: Clinical aspects Chair: Prof G Faludi (H)</p> <p>Bipolar Disorder and Substance Misuse Prof I Maremmani (I)</p>
11.00	Refreshments and Poster Viewing	
11.30	<p>Interactive 3: Chair: Dr K Ødegaard (No)</p> <p>HPA Axis - Hormones, Stress and Bipolar Disorder Prof N Ferrier (UK)</p>	<p>Interactive 4: Basic Science - ECT Developments Chair: Prof A Swann (US)</p> <p>The history and present practice of ECT in Hungary Dr G Gazdag (H)</p>
12.00	<p>Plenary 3: ECT and Bipolar Disorder: Chair: Dr E Hantouche (F)</p> <p>- Is ECT in BPD an under-utilized treatment option that could have saved lives and reduced misery? Dr V Syrstad (No)/Dr K Ødegaard (No)</p>	
13.00	Lunch and Poster Viewing	
13.45	<p>AstraZeneca Symposium: Bipolar disorder: difficult to diagnose, difficult to treat Chair: Prof S Montgomery (UK), Co-chair: Prof Z Rhimer (H)</p> <p>Misdiagnosis: a continuing problem in bipolar disorder Prof J Scott (UK)</p> <p>Lithium versus other mood stabilisers in the treatment of bipolar disorder Prof E. Vieta (E)/Prof H Grunze (UK)</p> <p>Maintenance treatment: strategies to prevent recurrence Dr Ana González-Pinto (E)</p>	
16.00	Refreshments and Poster Viewing	

Day 2, Cont/...

16.30

Interactive 5: Gender Issues

Chair: Dr R H McAllistair-Williams (UK)

Current Women's Issues in Bipolar Disorder

Dr K Macritchie (UK)

Do genetic factors influence vulnerability to puerperal psychosis in bipolar women?

Dr I Jones (UK)

Special Hungarian Symposium: ADHD and Bipolar Disorder in the Lifespan

Chair: Prof I Bitter (H)

Attention-deficit/ hyperactivity disorder and bipolar disorder among children and adolescents

Dr J Balázs (H)

Challenges in the differential diagnosis of adult ADHD

Dr V Simon (H)

17.15

Interactive 6: Cognition & QoL

Chair: Prof Z Janka (H)

Assessing Quality of Life in clinical practice

Dr E Michalak (CA)

Interactive 7: Suicide - Clinical 2

Chair: Prof C Banki (H)

Management of suicide risk: from assessment to psychoeducation

Prof M Pompili (I)

17.45

Plenary 4: The Role of Bipolarity in Drug-Resistant Depression and Suicide

Chair: Prof H Akiskal (US)

Prof Z Rihmer (H)

18.15

Refreshments and Poster Viewing

18.45

Debate 2: Low dose Typical vs Atypical for Long-Term Therapy

Chair: Prof M L Figueira (PG)

For: Dr J Cookson (UK)

Against: Prof N Ferrier (UK)

19.45

Close of Day 2

20.30

Dinner and Life Time Achievement Awards (Tickets available)

Day 3, Friday 14 May 2010 - Developments & Ethics

10.00 **Plenary 5: 10 years of Change - The Learnings during the Life of IRBD**

Chair: Prof A Swann (US)

Prof A Koukopoulos (I)

10.45 **Plenary 6: The Genetics of the Bipolar Spectrum: Genetics in the Clinic**

Chair: Prof Z Rhimer (H)

Prof J Kelsoe (US)

11.15 *Refreshments and Poster Viewing*

11.45 **Plenary 7: New Approaches to Treatment - A Summary of Major Developments in 2009**

Chair: Prof E Youngstrom (US)

Prof J Soares (US)

12.30 **Plenary 8: The Rise and Fall of the Biopsychosocial Model: Eclectic Psychiatry Examined**

Chair: Prof I Bitter (H)

Prof N Ghaemi (US)

Roundtable: Prof A Koukopoulos (I), Dr E Michalak (CAN), Dr E Hantouche (F)

13.30 **Conference Close**