

# The International Review of Bipolar Disorders

6 - 8 May 2009

Reitoria da Universidade de Lisboa, Lisbon, Portugal

[www.irbd.org](http://www.irbd.org)

## Final Programme: Wednesday 6 May 2009

09.00

### Registration

*The conference registration desk will be open from 09.00 onwards for delegates to collect their bags and badges before the conference start at 14.30.*

10.00

### Lisbon Symposium on Bipolar Disorders 09

Honorary President: Prof H. Akiskal (US)

Executive President: Prof M-L. Figueira (P)

*IRBD 2009 delegates are welcome to attend the Lisbon Symposium sessions on Wednesday morning. IRBD delegates do not need to register for these sessions. See [www.bipolar-2009.com](http://www.bipolar-2009.com) for the programme.*

14.00

### IRBD 2009 exhibition opens

*Please note that lunch will not be served on Wednesday. Tea and coffee will be available in the exhibition hall from 14.00.*

14.30

### Keynote: Prof J. Lopez-Ibor (E)

15.00

### IRBD 2009 Welcome and Introduction

15.15

### Plenary 1: Culture European Bipolar Forum session

Chair: Dr J. Cookson (UK)

Prof J. Angst (CH)



15.45

### Sanofi Aventis Sponsored Session

#### **Bipolar disorder : improving diagnostic accuracy and therapeutic management**

Chair: Prof J. Angst (CH)

#### **Welcome and introduction**

#### **Bipolar vs unipolar disease: Interim results from the BRIDGE Screening programme**

Prof E. Vieta (E)

#### **Treatment of bipolar disorder: do psychiatric comorbidities matter?**

Prof G. Perugi (I)

#### **Conclusion and close**

16.30

### Coffee

Continued overleaf...

## Final Programme: Wednesday 6 May 2009 continued

### 17.00 Pfizer Sponsored Session

#### Emerging Evidence for the Maintenance Treatment of Bipolar Disorder

##### **Collaborative Care Initiative: An Alternative to Algorithm-Based Care**

Dr G. Sachs (US)

##### **Impact of Caregiver Group Psychoeducation on the Course and Outcome of Bipolar Patients in Remission**

Dr M. Reinares (E)

##### **Long-Term Therapy for Bipolar Maintenance**

Prof E. Vieta (E)

### 18.30 **Advances in pathophysiology of episode-related cognitive impairment**

Chairs: Prof M-L. Figueira (P) and Prof F. Kapczinski (BR)

Speakers: Dr B.N. Frey (CA), Dr A. Andreazza (CA), Prof F. Kapczinski, (BR), Dr M. Kauer-Sant'Anna (BR), Dr A. Martinez-Arán (E) and Dr S. Brissos (P)

### **Wine and Poster session** (Close at 20.30)

### 20.30 **End of formal conference proceedings**

## Final Programme: Thursday 7 May 2009

**09.00** **Plenary 2: Diagnosis**  
Prof F. Benazzi (I)

**09.30** **Plenary 3: Exploring the role of Affective Temperaments: LEBANON Study**  
Prof E. Karam (L)



**10.00** **Interactive: Temperament**  
**European Bipolar Forum session**  
Moderator: Prof H. Akiskal (US)  
and Dr A. Erfurth (AT)



Dr E. Hantouche (F)  
Dr G. Perugi (I), Prof E. Karam (L)

**Interactive: Family / Psychosocial / Advocacy**

Dr E. Michalak (CA)  
Dr M. Reinares (E)  
Dr G. Tavormina (I)

**11.30** **Coffee**

**12.00** **Lilly Sponsored Session**

**The changing role of antipsychotics in bipolar disorders: mania, mixed state, and maintenance studies**

**Welcome and opening remarks**  
Prof A. Young (CA)

**The development of Olanzapine as a new treatment for bipolar disorders**  
Prof M. Tohen (US)

**Acute mania and mixed states**  
Prof E. Vieta (E)

**Long-term treatment**  
Prof J. Cookson (UK)

**Panel discussion**

**13.30** **Lunch provided by AstraZeneca**

**14.00** **AstraZeneca Sponsored Session**

**Living with bipolar disorder: improving patient outcomes**  
Prof E. Vieta (E)

**Consequences of misdiagnosis of bipolar disorder**  
Dr J. Scott (UK)

**Advances in the short-term management of bipolar depression**  
Prof A. Young (CA)

**Living with bipolar disorder: considerations for the patient**  
Prof N. Ferrer (UK)

**Summary so far and panel discussion**

## Final Programme: Thursday 7 May 2009 continued

### 15.30 Open Round Table Discussion with coffee

Chair: Dr E. Hantouche (F)

Participants: Prof M-L. Figueira (P), Prof Z. Rihmer (H), Dr A. Erfurth (AT)

### 16.30 Interactive: Comorbidity

Dr K. Ødegaard (N)  
Dr C. Shan (C)

### Interactive: Lifespan and Suicidality

Prof M-L. Figueira (P)  
Dr A. Martinez-Aran (ES)  
Dr Pinto (BRA)

### Interactive: What constitutes "evidence" in medicine?

Chair: Prof M. Tohen (US)  
Speaker: Prof J. McCombs (US)  
Round table: Prof E. Vieta (E) and Prof H. Akiskal (US)

### 18.30 Poster Session and Drinks (Close at 19.00)

### 20.00 Conference Dinner *Including presentation of the IRBD Lifetime Achievement Award*

After-Dinner Speaker: Dr A. Koukopoulos (I).

Tickets can be purchased from the IRBD Secretariat

## Final Programme: Friday 8 May 2009

09.00	<b>Interactive: Impulsivity, Hormones and Mood</b>  Prof A. Young (CA) Prof A. Swann (US)	<b>Community, Religion and Ethics</b>  <b>The session was unfortunately cancelled</b>	<b>Interactive: Bipolar Depression</b>  Dr K. Fountoulakis (G) Prof Z. Rihmer (H) Dr A. Gonzalez-Pinto
10.30	<b>Coffee</b>		
11.00	<b>Interactive: Biological Clocks / Rhythms</b>  Prof J. Deltito (US) Dr R. McCarthy (US)	<b>Interactive: Genetics, Neurophysiology and Aetiology</b>  Prof J. Kelsoe (US) Prof S. Claes (BE) (tbc)	<b>Interactive: Computerised Life Management Systems</b>  Dr A. Erfurth (AT) B. McGraw (US)
12.00	<b>Oral poster platform</b> Chair: Prof M-L. Figueira (P)		
13.00	<b>Lunch</b>		
14.00	<b>Interactive: Adolescence and Children</b>  Dr G. Faedda (US) Dr E. Youngstrom (US)	<b>Interactive: Stress, Cognition and Bipolar Disorder</b>  Dr G. Saccone Mithieux (NL) Dr V. Koppelaar (NL) Dr A T. Spijker (NL)	
15.30	<b>Debate: Genetic Testing - right or wrong?</b>  Chair: Dr V. Syrstad (N) Speakers: Prof J. Kelsoe (US) and panel		
16.15	<b>Conference Closing Address</b>		
16.30	<b>Conference Close</b>		