

# The Second International Review of Bipolar Disorders ASIA PACIFIC 2009

25-27 September 2009

Le Meridien Conference Centre, Cochin, Kerala, India

[www.irbd.org](http://www.irbd.org)

## Draft Programme

**Day One: Friday 25 September 2009**

**Theme: Genetic Testing for Bipolar Disorders**

17.00 Delegate registration opens

18.30 Opening Dinner Buffet and Debate

**Debate: Identification of individuals with a propensity to develop BPD is now possible and should be widespread**

For: Prof J. Kelsoe (US)

Against: Prof W. Mohandas (IN)

19.30 **Canapés, Drinks and Dancing**  
Kerala Cuisine, Music and Dancing

20.30 *Formal conference proceedings end*

**Day Two: Saturday 26 September 2009**

**Theme: Diagnosis Outcomes and Treatment**

09.00	<u>Diagnosics and Temperament</u>	<b>Chair:</b> H Akiskal (US)
	Paediatric Bipolar Disorder	J Reddy (IN)
	Comorbidities / Dual Diagnosis	G Perugi (IT)
	Bipolar Disorder and Schizophrenia	R Tandon (US)

11.00 Coffee and Oral Poster Platforms

11.30	<u>Pathological Issues</u>	<b>Chair:</b> K Y Mak (C)
	Pathophysiology of Bipolar Disorder	N Ferrier (UK)
	Neuroimaging in Bipolar Disorder	G Malhi (AUS) TBC
	Genetics of Bipolar Disorder	S Jain (IN)
	Growth Factor Systems in Bipolar Psychoses	S Sundran (IN)

13.30 Lunch and Posters

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### Day Two: Saturday 26 September continued...

15.30	<b><u>Clinical Outcomes</u></b>	<b>Chair:</b> R D'Souza (AUS)
	The Bipolar Clinics - The Indian Experience	M S Reddy (IN)
	The Step BD Approach	G Sachs (US)
	Cultural Aspects of Clinical Outcomes	A Awasthi (IN)
17.30	<b><u>Treatment Options</u></b>	<b>Chair:</b> N Ferrier (UK)
	Pharmacological Treatments	M Tohen (US)
	Using Agents in Combination	A Ravindran (CAN)
	ECT in Bipolar Disorder	B N Gangadhar (IN)
	Psychosocial Issues and Development	E Michalak (CA)
18.30	<b><u>Evening Debate</u></b>	
	A universal panacea can never exist	
	<i>Speakers to be confirmed</i>	
20.30	<b>Formal Conference Dinner</b>	
	<i>Formal conference proceedings end</i>	

### Day Three: Sunday 27 September 2009

*Theme: Culture, Religion and Spirituality*

09.00	<b><u>The Enigma of Brain Drain</u></b>	<b>Chair:</b> M P Deva (MAL)
	How to Survive Even with Brain Drain	W Mohandas (IN)
	Minimizing the Impact of Drain on Psychiatrists	A Javed (UK)
	Brain Drain and its Implications for Developing Countries: Innovations and Renewed Insights for Capacity Building of Mental Care	R D'Souza (AUS)
	Fiddling while Mental Health in Low Income Countries Declines	M P Deva (MAL)

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### Day Three: Sunday 27 September continued...

11.00	Coffee and Oral Poster Platforms	
11.30	<b><u>Spirituality, Wellbeing and Mental Health</u></b>	<b>Chair:</b> R D'Souza (AUS)
	Idiom of Distress	TBC
	Fostering Spiritual Values and Wellbeing in Clinical Practice	Prof R. D'Souza (AUS)
	Towards a Secular Spirituality	TBC
	Keeping Religion Safe for Women	N Stotland (US)
13.30	Lunch and Posters	
14.30	<b><u>Closing plenary lecture</u></b>	
	<b>Speaker:</b> G Sachs (US)	
15.00	Conference close	